SPORTS SHORTS

Sports writers needed

The Hickam Kukini is looking for people who enjoy sports and would like to write articles covering sporting events on Hickam.

can include Sports intramural sports along with youth sports.

For more information or to sign up as a sports stringer writer, e-mail hickam.kukini@hickam. af.mil or call 449-6662.

Bowling tournament

The Pacific Air Forces Regional Supply Squadron hosts a no-tap bowling tournament June 3 at noon at the Hickam Bowling Center.

The price is \$16 a person for five-person teams. The price includes buffet food, lane fees and shoe

For more information, contact Tech. Sgt. Christopher Adams at 449-

Softball tournament

The 15th Medical Group is hosting an all forces softball tournament July 15-17. Active duty, Reserve, Guard, and dependents are welcome. Participants must be 18 years old and older and must have a valid military ID card.

A maximum of 20 teams is allowed. The entry fee per team is \$150. For registration forms or to volunteer email Taliah. Martin@hickam.af.mil or Linda.Grunwald@hickam.af.mil.

Volleyball

The intramural volleyball season begins Wednesday. Squadrons should get with their sports representatives and sign up a team by calling the sports office at 448-

Volunteers needed

The Hickam Blue Devil Wrestling Team is hosting a freestyle tournament June 11. The team needs volunteers to help with parking, scoring tables, timers, setting up brackets and awards ceremony.

For more information or to volunteer, contact Tech. Sgt. Andrew Leonhard at andrew.leonhard@hickam.af.mil or Capt. Tim Bunnell at timothy.bunnell@hickam.af

Rugby team

The Hawaii Harlequins Rugby Football Club is currently looking for players of all abilities and skill levels from beginners to experts.

Rugby is a certified Air Force sport. Practices are twice a week and games are Saturdays.

Check out the teams Web site at www.hawaiiharlequins.com or call Capt. Tim Taylor at 449-3552 for more information about joining.

Memorial Day 3.2 mile relay - A Memorial Day relay is scheduled for May 30 around Ford Island.

The event benefits the USS Oklahoma Memorial and begins at 7 a.m.

For registration forms visit www.ussmissouri. org/relay. For more information, contact Neil Voje at 448-1391.

Air Force volleyball team set to spike competition

By Tech Sgt. Andrew Leonhard 15th Airlift Wing Public Affairs

Forty setters and hitters converged here April 25 to compete for a place on an elite team.

Air Force's top volleyball players flew in from across the globe to try out for the 2005 Air Force Volleyball Team – a team that's only goal is to regain the gold.

But to make it there, the 40 players had to be cut to 12 per team, plus one manager. The cutting process was not easy, said Head Coach Malu Sagiao, a former Air Force team member and has been involved with the program for 20 years.

"We made the first cut last week and now we are down to the final cut," the coach said. "The first cut is hard, but this last one is even harder."

Coach Malu explained how the men and women teams had started to make friendships and really grew as a team. "This is something athletes have to understand at this level of competition, but that still does not make it easier to cut players.'

One player who has made the team, quite possibly a record number of times is Sam Nimpchaimanatham from Hurlburt Field, Fla. - this is his 16th year as a player.

"I came here to help coach this year, but the (team's) experience level was pretty low so I decided to be a player one more time," he said. Sam, as everyone calls him, instead of attempting his last name, first made the team as a senior airman in 1988 and was a cornerstone for 15 straight years before missing the 2003 and 2004 squads due to deploy-

"So much thanks goes to all the supervisors and commanders for making this a reality for (me) and the other players," he said. "If it wasn't for them picking up the slack back at the home-duty sections, we wouldn't be able to have this great team."

Another player who is attempting to make the women's team for the first time is Hickam's own Janet Nalls from the 26th Air Intelligence

This is a great experience for me," she said. "It's improved my game and reminded me everything starts with defense."

Defense isn't the only thing Nalls has discovered during the tryouts. Everybody on the team wants to be a comedian, so there are a bunch of with two great setters.





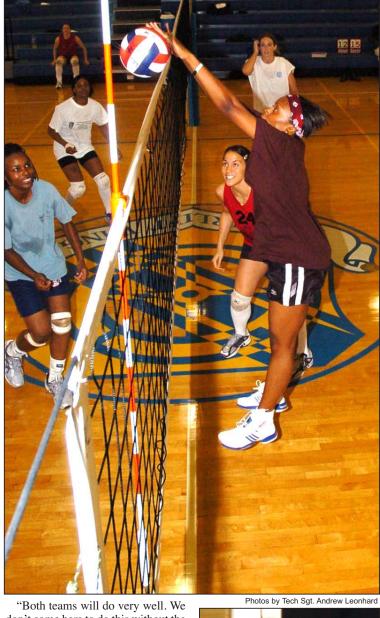
Top: Sam Nimpchaimanatham, Hurlburt Field, Fla., bumps an incoming serve during pratice Tuesday. This is his 16th season to try out for the Air Force Team. Above: Leah Vanagas, Whiting Field, Fla., sends a spike over the net. This is her first tryout.

laughs, which really helps keep things fun."

The fun and the great opportunity just to be trying out is what Coach Malu enjoys seeing in the players at the tryouts and final practice preparations to compete.

With the tourney so close, the coach said they are just fine tuning things now.

"The men's team may lack some height this year, but they make up for it with the high intensity and cohesiveness," the coach said. "And for



don't come here to do this without the goal we are going to win the gold."

The gold awaits them at the 2005 Armed Forces volleyball tourney set to run Thursday to May 17 at Fort Carson in Colorado Springs, Colo.

Above right: Janet Nalls, 26th Air Intelligence Squadron, blocks a spike during team drills. It's Nalls' first year trying out.

Right: Jasmine Maranca, Lakenheath Air Base, England, dives and digs a spike. Maranca is trying out



15th SVS/PACAF CSS wins 8-2 over 352nd IOS

By Senior Airman **Patrick Haney**

Kukini Sports Writer

In a game where the wind blew hard and both teams showed passion, the victors April 27 were the 15th Services Squadron/Pacific Air Forces Commander's Support Staff squad.

Early in the game the 352nd Operations Information Squadron Pitcher Patricia Higa struggled, issuing two walks in the first inning.

Ultimately the score after one inning came to 3-0 in favor of SVS/CSS.

The next two innings saw no batters plate as the defenses tightened.

In the top of the fourth inning Services scored three



more runs and took a commanding 6-0 lead.

352nd IOS threatened in the bottom half of the inning but managed only one run and left



Top: Debbie O'Donnell, 15th Services Squadron and Pacific Air Forces Commander's Support Staff combined team, slides into home plate during the game April 27. Left: Airman First Class Tara Newcomb, PACAF/CSS catches a pop-fly to get the third out of the inning.

bases loaded. more run, bringing the final Services/CSS controlled the score to 8-2. rest of the way scoring two After Services/CSS Left Center more insurance runs while 352nd IOS managed just one Fielder Bonnie Bentley spoke about her team's performance.

"This win was a boost coming off of a loss to the (Hawaii Air National Guard)," she said. "Each week we have different players so we play the best that we can with what we

352nd IOS Coach Antonio Robinson was pleased with his team's effort in the loss.

"I really loved my girl's spirit and the way they never give up," he said. "The wind was a major factor in the loss and we just couldn't hit the ball well."

The other two games of the night were no contests as the 735th Air Mobility Squadron crushed the 15th Medical Group 21-4 and the HIANG drummed 15th Civil Engineer Squadron 18-6.

B2 May 6, 2005

Life as an Air Force ROTC cadet

By Sharee Moore Kukini Photojournalist

Whether students enroll for the challenge, the money or the prestige of being an officer, the Air Force Reserve Officers' Training Corps offers rewards few career fields can rival.

Cadets get a commission after graduation, the option of a two - to four year college scholarship (full or partial), tax-free monthly stipend of \$250 to \$400, 146 college campuses or 1,025 separate crosstown enrollment programs to choose from, four enlisted scholarship programs, a guaranteed career in one of 150 management specialties, and more.

With any good thing, there is always a catch. Getting into the program – and staying in – does take hard work and commitment. But, do the benefits outshine the workload?

The Air Force recruited Cadet Melissa Ingram straight out of high school. She earned a four-year ROTC scholarship and other perks. Ingram, now a senior studying chemistry at University of Hawaii, offered her perspectives.

"The biggest challenge is motivation. You see the gold bar at the end, but there's four years in between," Cadet Ingram said while laughing.

"You've got to spend so much time focusing on school and ROTC ... that you become really distracted and the gold bar tends to stop looking so shiny. If you can stay motivated for the four years, or however long you stay here, then you will be fine," Ingram advised.

Enlisted Airmen turned cadets face unique obstacles.

For Staff Sgt. Paul Cornn, who earned a ROTC scholar-ship through the Airman Education and Commissioning Program, motivation isn't the problem, but transforming from an enlisted Airman's way of thinking has been a challenge

"It's a different mindset



photobylin

Top: Cadet Zachary Franklin, during a life support briefing at Peterson Air Force Base, Colo., demonstrates how air tight the suit is.

Right: Cadet Joan Lee clears her weapon in the armory.

from just executing orders to making the plan and (seeing) the bigger picture you always hear about," Sergeant Cornn said.

A day in the life of a cadet

Cadets are full-time students and military requirements are split into two groups. The first and second year cadets are one group; the third and fourth year cadets are the other.

"For freshmen and sophomores, in addition to their regular degree classes they have one hour a week of academic classes ... (and) two hours a week of physical training," began Capt. Andrew Levien, commandant of cadets at UH.

In addition, cadets have two hours of leadership laboratory where they learn about group dynamics, group leadership projects, and other military fundamentals, he added.

The upperclassmen teach the leadership labs and have two additional hours of class time. This does not include lesson preparation or homework.

Life outside the classroom

"You meet cadets from all across the country who share the same goals and ideas and you know that if you go somewhere else in the country, you have somebody to rely on right there," Cadet Ingram

In 2005, the cadets have flown to Kauai to experience a leadership reaction course; they played paintball at Kaneohe Bay Marine Corps Base, defeated the confidence course on Schofield Barracks, zipped over to Peterson Air Force Base, Colo. and developed their weapon skills during 9 MM pistol training with security forces personnel here.

In addition, cadets have the option of taking part in welcome back picnics, new student orientations, a formal

dining out, and more. Cadet Ingram shared other intangible benefits to ROTC.

"As a young person, I've had so many opportunities to just go out and meet others who need guidance and (I) got to hone in (my) own abilities on how to lead people," Cadet Ingram shared.

Giving back

Once cadets enter their third year of the program, or accept a scholarship, they must sign a contract with the Air Force.

"When they sign that contract, they are saying that when they get their degree, they're going to give us their first four years," Capt. Levien said. Those on a two-year scholarship also owe four years.

Staff Sgt. Spring Clegg, a cadet and meteorology major at UH summed up the program best.

"It's a hard, drawn out (application) process, but anybody can do it, and once you're in, you're in and you get a free degree. It is way worth it," she emphasized.

"It's amazing - this opportunity I got."

(Log onto the Air Force ROTC Web site at www.afrotc.com for information about the program and scholarships available. Contact the University of Hawaii AFROTC unit admissions officer, Capt. Perez, at 956-7734 or e-mail mariop@hawaii.edu for information about the program here.)



Hickam Kukini May 6, 2005 **B3**

Children voice their appreciation for teachers

Nimitz Elementary School

Ms. Yoshimoto

"She explains things really well and if you don't understand, she'll tell you as many times until you get it."

Alex Neuman, 5th grade

"She's professional and really explains things very, very thoroughly."

Missy Simonds, 5th grade

"She's nice and caring."

Rhanon Wilson, 5th grade

Ms. Ching

"She's nice and she never gets mad."

Asianna Jones, 2nd grade

"She puts stuff on the board so we know when to do the right thing."

Seth Cummings, 2nd grade

"She lets us play quiet games on the computer and she lets us play with the 'green meanie' (a ball)."

Saheed Wallace, 2nd grade

Ms. Horimoto

"If she would let me be Eagle of the Month and I like when she lets us use the playing centers"

Alex Sanfilippo, Kindergarten

"I like her for teaching us."

Sadie Fomai, Kindergarten

Ms. Fox

"She's really nice, funny and creative."

McKayla Blanco, 4th grade

Ms. Fong

"She's a nice teacher and I like when she teaches us math. When she plays math games with us it's really fun."

Shelbria Kerrick, 1st grade



Photo by Sharee Moore

Above: Mary Jo Fong, Nimitz Elementary teacher, explains the reading assignment to her class of 1st graders at Nimitz Elementary School April 29.

"She's very nice. She helps us by telling us how to do it. She explains things really well." Kristin Robey, 1st grade

Ms. Hamamoto

"She helps me a lot about how I should do problems and she's really nice."

Samuel Perez, 3rd grade

"She's caring and when I need help with a problem, she'll explain it to me."

Jasmine Stone, 3rd grade

Ms. Cazimero

"She's a great teacher and she's fair."

Margaret Starner, 6th grade

"She's funny and when we don't get something she explains it. She's good to have around"

Daniel Rivera, 6th grade

"She's understanding and she likes being helpful."

Korica Simon, 6th grade

"After school, she's a totally different person (in a "cool" way!) and really nice. After school we can talk to her about anything."

Hollyanne Neuman, 6th grade

Mokulele Elementary School

Ms. Luckie

"Ms. Luckie is sweet, kind, loving and I have treasured my life moments from a year in third grade. Next is Ms. Frukawa. She is a little strict, but if you're good, she's nice when you get to know her. She'll give you Hawaiian treats if you're good and she'll give you hugs like Ms. Luckie. She is very appreciative."

Donovan Luft-Harris, 3rd grade

Ms. Antolin

"Ms. Antolin is my favoite, but I really have trouble picking. I have liked all my teadchers. I like to help Ms. Antolin. I like to make it easier for her. Out of all my teachers, I like her, she is nice, but she is strict when it comes to us doing our work. Some of the kids don't understand she's being strict to help us, not to be mean. She is more than my teacher, she is also my friend."

Anonymous, 4th grade

"My favorite teacher is Ms. Antolin. She is very, very strict, but I like her. She is so nice and if you're not done with your work, she will give five extra minutes. She encourages us to go to 5th grade."

Darrius, 4th grade

Ms. Nashiro

"My favorite teacher is Ms. Nashiro, my first grade teacher. She was always nice and liked to bring candy to school. It was fun because we get to watch TV and eat at the same time. When I get older, I will probably surprise her and visit her. I will miss her when I move."

Samantha, 4th grade

Ms. Okinishi

"My favorite is Ms. Okinishi because she is teaching me so much wonderful stuff. I'd love to have that job when I grow up. She is wonderful to me and I hope she'll be happy for the rest of her life. She is my teacher of the year. Thank you and I like what you do at school."

Tyler Evans, 2nd grade

Ms. Williams

"My favorite teacher is Ms. Williams because she's really nice to everybody that I know ... what I know is that Ms. Williams loves children and being a teacher. She is a special teacher to me."

Zack

B4 May 6, 2005 Hickam Kukini

Memorial Theater 449-2239 • CLOSED Monday and Tuesday

Friday and Saturday at 7 p.m.

GUESS WHO - Percy is taking no chances with his daughter Theresa's future. Even before he meets Simon, her latest boyfriend, Percy has him checked out. On paper, he passes with flying colors - great job, good investments and a promising future. But there's one thing the credit report didn't tell him, Simon is white. Not that there's anything wrong with that. Unless, of course, Simon wants to marry his daughter. Which he does. Starring Bernie Mac, Ashton Kutcher. PG-13 (sexrelated humor).

Sunday at 7 p.m.



MISS CONGENIALITY 2: ARMED AND FABULOUS -

The story catched up with FBI agent Gracie Hart shortly after she successfully disarmed a threat against the Miss U.S. Pageant while working undercover as a

Having become a media celebrity following her heroic pageant exploits, Gracie has been spending more time lately at the salon than the shooting range, working the talk show circuit and promoting her book. When her friends, pageant winner Cheryl and emcee Stan, are kidnapped in Las Vegas, Gracie's all-out efforts to jump back into action to save them puts her at loggerheads with the FBI top brass who don't want to risk losing their mascot and fear she might not be up to the job anymore. Starring Sandra Bullock, Regina King. PG-13 (sex-related humor).

Crossword Puzzle: Asian Pacific Islander Month

By 1st Lt. Tony Wickman Alaskan Command Public Affairs

ACROSS

- 1. American comedian
- **USAF** lawyers
- Hole
- Mistakes
- Carpenter's tool
- Singer Jones Pulitzer Prize writer 15. Ferber
- 16. Pulizer Prize poet Edna ___ Vincent Millay
- Equipment
- Brigades
- Stadium
- 23. Long time An inert gas

- in brief
- 55. Brown color

- 56. Foreigner58. Chinese American manetic
- core memory inventor (1944) An
- Plant with star-shaped flowers
- Japanese-American Gold medal speed skater Apolo Anton
- Land measurement
- Regions
- in; curb Ocean part 70.
- 71. Assists72. Federal environment org.

DOWN

- Taiwanese-American Yuan T.___; '86 Chemistry Nobel Prize winner California fort for training,
- once Vase

- Immature 24
- Rear end
- 26. Grad school test
- director Lee
- 46. Lyrical poem 49. Honest ___; I ; Lincoln
- Swig
- Hot Tin Boof 66. Cat
- See Solution, B6

Team Hickam History: The Air Force's most historic airfield

May 9, 1918 - Maj. Harold Clark made the first inter-island flight in the Hawaiian Islands, from Fort Kamehameha (Oahu) to the island of



May 9, 1932 – The first blind solo flight, relying solely on instruments, was made by

Capt A. F. Hegenberger Oct. 9, 1943 – The 65th Airlift Squadron (then-65th Troop Carrier Squadron) was stationed at Nadzab, New Guinea.

May 9, 1952 - Dec. 31, 1952 - The 65th

Airlift Squadron conducted aerial transportation and evacuation operations in Korea. The squadron was stationed at Ashiya Air Base, Japan, at the time. For these operations, the 65th AS earned the World War II campaign streamers for Korea Summer-Fall, 1952 and Third Korean Win-

May 12, 1971 - The Air Force constituted USAF Dispensary, Hickam (currently, the

15th Medical Group). May 12, 1980 - The 15th Avionics Maintenance Squadron and 15th Organizational Maintenance Squadron were commended by

CINCPAC for extraordinary efforts and performance of duty in support of the CINC-PAC Airborne Command Post.

May 9-10, 1985 - Hickam Education Office personnel actively participated in the Governor's Conference on Education.

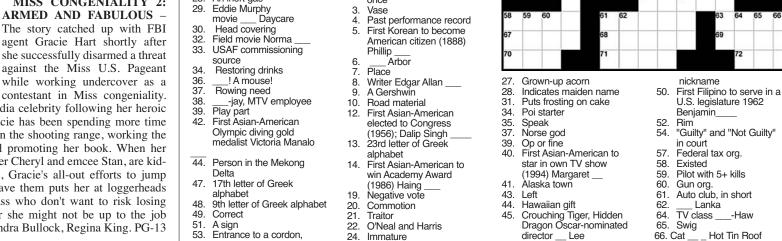
May 10, 1988 - The B-1B, then the Air Force's newest long-range strategic bomber, arrived at Hickam, marking the first time it had flown over the Pacific Ocean.

May 11, 1988 – Personnel from the 15th Air Base Wing participated in a statewide hurricane exercise sponsored by the State of Hawaii Civil Defense Division.

May 10, 1991 - Hickam personnel held a Desert Storm victory celebration with a gala beach party at Hickam Harbor.

May 11, 1991 - Mayor Frank Fasi of the City and County of Honolulu sponsored a victory parade in tribute to military personnel and their families.

May 6, 2003 - Hickam AFB officially opened the Aloha Conference Center on Vickers Street near the 15th Airlift Wing headquarters building. The Aloha Conference Center was an award-winning remodeling effort of what had formerly been the base's "Aloha Theater" movie theater.



May 6, 2005 **B5** Hickam Kukini

Hurrican Season June 1 though November 30

Hurricane facts

be aware of is hurricanes can pop up without warning during the hurricane season in the eastern and central Pacific which lasts from June 1 to Nov. 30. In the eastern and central Pacific, storms are called hurricanes. When the storm reaches (or develops west of) 180° longitude, it is then called a typhoon.

There are many things people should know about hurricanes, what to do when they appear and the effects hurricanes can have.

The following information was provided by the 17th Operational Weather Squadron and the 15th Civil Engineer Squadron Disaster Preparedness office.

No one is safe

Hurricane effects can cause bigger problems in Hawaii than on the mainland. There is no safe haven to evacuate to since everyone lives on relatively small islands. The shoreline is fairly near to all areas so there's less reduction in power as hurricane winds travel over land, and heavy rains are quite likely since the storm is over the ocean at the same time it's over land. Many Hawaiian homes aren't built to withstand severe storms. There are usually many windows to enjoy the trade winds and the view, and concrete houses are uncommon.

Destructive winds

A hurricane's strength is normally described as being in one of five categories by weather forecasters. These categories have been extracted from the SAFFIR-SIMPSON Hurricane Scale and are listed below along with the wind strengths and potential damage to be experienced.

Category One:

Winds 74 to 95 miles per hour. Damage primarily to shrubbery, tree foliage, poorly constructed items, and unanchored mobile homes. Lowlying coastal roads inundated, minor pier damage, and some small craft torn from moorings in exposed anchorage.

Category Two:

Winds 96 to 110 mph. Considerable damage to tree and shrubbery foliage. Some trees blown down. Major damage to poorly constructed items and some damage to other structures (such as roofing material). Low-lying escape routes and coastal roads cut by rising water seven to eight hours before arrival of the hurricane's center. Considerable damage to piers and marinas flooded. Small craft in unprotected anchorage torn from moorings. Evacuation of some shoreline residences and lowlying areas required.

Category Three:

Winds 111 to 130 mph. Foliage torn from trees and large trees blown down. Poorly constructed items destroyed, damage to roofing materials, windows and doors expected. Mobile homes destroyed and some structural damage to small buildings. Serious flooding at coast and small structures located there

The most important thing to destroyed. Larger structures every three hours on the locanear coast damaged by battering waves and floating debris. Low-lying escape routes cut by rising water nine to 10 hours prior to hurricane center arrival. Major erosion to beaches and massive evacuation of all residences within 500 yards of beach and single story residences on low ground within two miles of

Category Four:

Winds 131 to 155 mph. Shrubs, trees, and signs blown down. Extensive damage to roofing materials, windows and doors. Complete failure of roofs on many small residences. Flat terrain two feet or less above sea level flooded up to six miles inland. Major damage to lower floors of structures near shore due to flooding and battering of waves and debris. Low lying escape routes inland cut by rising water 11 to 12 hours prior to hurricane center arrival.

Category Five:

Winds greater than 155 mph. Damage as above plus failure of roofs on many residential and industrial buildings. Extensive shattering of window and door glass. Many building failures and small buildings overturned or blown away. Low lying escape routes inland cut by rising water 12 to Hurricane warning 13 hours before hurricane center arrival. Massive evacuation of residential areas on low grounds within five to 10 miles of shore possibly required.

Storm surge

During a hurricane, there is a general rise in sea level and it begins over the deep ocean. The low pressure and strong winds around the hurricane's center raise the ocean surface several feet higher than the surrounding ocean surface, forming a dome of water, called a storm surge, which can be as much as 50 miles across. The storm surge, combined with wind-driven waves, is the greatest killer in a hurricane. The worst effects will be felt on shorelines facing the approaching storm.

Flooding

The amount of rainfall varies with each hurricane, its forward speed and other factors. During the time it takes a hurricane to pass by Oahu, as little as two or as much as 30 inches of rainfall can occur. But as seen on this island with any heavy rain event, it does not take much rain to see flooding due to the vast valleys/low-lying areas and poor drainage on roadways and in residential areas. Flash flooding is most likely to occur during heavy rainfall periods.

Hurricane approaches

When a hurricane approaches Hawaii, it will be reported on radio or television. The news media will report the latest hurricane advisories received National Weather Service in Honolulu. Under normal weather conditions, the NWS issues weather forecasts every six hours, beginning at 5 a.m. These advisories are sent to the news media

tion and characteristics of the storm. Additionally, information concerning storms 1,000 miles from Honolulu can be obtained by listening to the marine forecast broadcast on the NOAA Weather Radio (162.55 mhz or 162.40 mhz). During an approaching hurricane, the NWS will issue these advisories:

Hurricane watch

A hurricane watch is issued when there is a strong possibility that hurricane conditions will threaten coastal or inland communities within 36 hours or less. It means people should take action to purchase supplies and secure their homes. When a hurricane watch is given, this is the time for people to:

- Stay tuned to local radio or television stations for official weather and civil defense instructions.
- · Discuss with family members an emergency meeting place should the family become separated because of the storm.
- Fill vehicles with gas. Check battery and oil.
- Sterilize containers, including bathtub and washing machine, for storing drinking water.

A hurricane warning is issued when there is a very high possibility of hurricane force winds within 24 hours or less. Do the following:

- Ignore rumors. The best source of information is the Emergency Broadcast System announcements on radio and TV.
- Do not travel during high wind conditions. If someone is outside and the wind becomes strong enough to blow down signs, seek immediate shelter. These strong winds can knock people down or they can be injured from flying debris.
- Park cars in a garage or in a space away from trees and utility poles. Do not park in an underground garage which may flood.
- · Bring pets inside. Have plenty of newspaper for sanitary purposes.
- Keep phone lines clear.
- If instructed to do so, be prepared to evacuate immediately.
- · Board or tape windows if the winds are expected to be more than 100 mph. The danger to small windows is from wind-driven debris. Larger windows can be broken by wind pressure. Close drapes.
- Secure any outdoor objects that could be blown away.
- Fill the emergency water supply items previously sanitized.
- · Monitor the storm's position through NWS advisories and bulletins on radio and television.

Visit http://www.prh.noaa. gov/cphc/pages/hurrsafety. php for more information/ tracking charts for this year's season.

Are you prepared to survive a hurricane?

Hickam residents need to start preparing themselves and their families for a natural disaster.

In an emergency, people must be able to care for themselves and their families. There are certain things they can learn and do to help them cope with almost any type of disaster.

Be prepared – Develop a family emergency plan before disaster strikes. Be sure all family members know what to do. Decide where the family will meet if separated, where shelter will be found and what to take in case of evacuation.

Stay calm - Take the previously actions planned. Listen to the radio for civil defense instructions and information.

Know warning signals and shelter locations - Listen to the Emergency Broadcast System for shelters and opening times. Prepare a home survival kit. Prepare an evacuation kit. Prepare a first aid kit.

Evacuation procedures

People will not be asked to leave their homes unless their lives are seriously threatened. Under routine procedures, evacuation members of the 15th Security Forces Squadron will be going up and down streets on base notifying residents via loudspeaker to evacuate. Residents will also be notified over commander's access channel.

If families are directed to evacuate their homes, they should:

- Follow Civil Defense instruction, including shelter information, issued over the Emergency Broadcasting System (or base cable channel 2), by security forces and fire department units, and by Civil Air Patrol aircraft.
- Shut off electricity at the main switch, and gas and water at the main valves, instructed to do so.
- · Assemble the family and leave a note for those absent, stating time, destination and a telephone number.
- Secure residence if time permits. Lock windows and doors and wedge sliding glass doors. During evacuation for a flood, tsunami or fire, remember: time is very limited.
- Take evacuation kit and small valuables.

Provide for pets – Pets are not allowed inside public shelters. If families must leave their homes because it is considered unsafe for them, it is unsafe for their pet as well. If they could not arrange for sheltering for their pet,

As the 2005 hurricane as a last resort, their pet season nears for Hawaii, can stay in their car parked at an evacuation shelter. Keep the pet in its carrier and provide food and water. Remember to leave a window slightly open to allow for proper ventilation. The Oahu Civil Defense Agency and the Hawaiian Humane Society have prepared a brochure called "Emergency Preparedness Facts for Pet Owners." The Hawaii Civil Defense Agency and the Hawaii Humane Society have prepared a brochure called, "Guidelines for People with Household Pets." Both brochures can help people prepare their pet for an emergency.

Home survival kit

A home survival kit and emergency food and water supply are essential during disasters or extended power outages that leave people confined to their homes.

The following items should be a part of every home survival kit:

Portable, battery-powered radio

Extra batteries Flashlights Candles

Manual can opener and bottle opener

Matches in a waterproof container or a lighter First aid kit and special medications

Three to five-day supply of non-perishable foods, needing little or no cooking. Be sure to pack special dietary foods, baby food and formula if needed.

Ice chest and ice or ice packs

Water. As a minimum, have two quarts of water per person per day for drinking and more for cooking, washing and sanitation. Store as much clean water as possible in clean, non-breakable containers.

Camp stove or canned heat stove, and enough fuel for three to five days. A hibachi or charcoal grill and charcoal will also suf-

Masking tape for windows and glass doors

Personal hygiene, sanitary supplies and diapers Extra pet food

Evacuation kits

Families should have an evacuation kit in case they must leave their homes. It should contain the following items:

Portable, battery powered radio

Flashlight

Extra batteries First aid kit and special

medications

Three to five-day supply of non-perishable foods. Be sure to pack any special dietary foods, baby foods and formula, if needed.

Manual can opener and bottle opener

Water: Minimum of two quarts per person per day for drinking. Store water in clean, non breakable containers

Sleeping bags or two blankets per person

One complete change of clothing for each family member

Personal hygiene, sanitary supplies and diapers

Important papers and documents (i.e. insurance and mortgage papers) in a waterproof bag

Pet food as necessary

First aid kit

A first aid kit is important. Build or buy a first aid kit. Check and replenish first aid supplies at least once a year. Medical assistance will be difficult to provide after a disaster strikes. Learn first aid and emergency medical care or keep reference material with medical supplies. Adults and teenagers are encouraged to take first aid and cardiopulmonary resuscitation courses. First aid reference guides can be purchased from the American Red Cross.

Plan for medical needs

If an individual has a condition which requires continuous or special medication, or if some medications require refrigeration, contact a doctor on ways to deal with emergencies and power outages.

Always consult a doctor or pharmacist. Generally medications can be kept in the refrigerator, if the door is kept shut, for up to six hours. After that, it would be best to store medications in an ice chest with ice packs or ice.

Have enough water to last at least five days. During a major power outage the Board of Water Supply may not have power to pump it to homes.

Buy commercially bottled water and replace each year, or store tap water using clean, non-corrosive, non-breakable, tightly covered containers such as gallon-size beverage syrup bottles or soft drink bottles.

Containers should be refilled every six to 12 months. Wash the containers and refill with clean water. If the stored water is cloudy, or has an odor, discard it and refill containers as necessary.

When an emergency is imminent, fill the tub, washing machine and all other available containers with water for drinking, cooking and sanitary needs.

It's also a good idea to always have a few ice packs frozen to help keep perishable items cold during those unexpected power outages.

(Information courtesy of 15th CivilEngineer Squadron Disaster Preparedness office)

B6 May 6, 2005 Hickam Kukini

Capt. Timothy Bunnell, **PACAF Air Mobility Operations Control Center**





Master Sqt. Cassius Pierce 15th Airlift Wing Safety Office

PACAF/AMOCC rocks because: Coming up as a transportation officer and later a logistics officer, the AMOCC is where it all comes together for theater airlift. If you're the person on the ground who needs to move stuff from point A to point B the AMOCC is the office that can make that happen.

My job affects all of Hickam in that: We schedule airlift to move personnel and equipment throughout the theater. Whether it's for an exercise or a major contingency, the AMOCC plays a major role in ensuring everyone/everything has a ride.



When not at work, I spend my off-duty time: I live a pretty low-key lifestyle when I'm not at work. I like to spend time with my 3-year-old daughter Emily and my wife Young Ju. We enjoy the typical Hawaii activities like going to the beach or the pool and various outdoor activities to enjoy the weather. I also coach youth wrestling for the Hickam Blue Devils wrestling club. We started the program this year and it's been an overwhelming success

Something people don't know about the AMOCC: We're involved in the scheduling of all airlift supporting the Joint POW/MIA Accounting Command. When there is a repatriation ceremony, it's rewarding to know that you played a small role in the returning one of your fallen brothers in arms and hopefully provided closure to their family.

What his supervisor has to say: Capt. Bunnell has been going full speed since he arrived here almost a year ago. As a steward of PACOM's \$62M exercise airlift budget, he has consistently overcome obstacles to efficiently schedule air transport supporting Exercises BALIKATAN, TERMINAL FURY, TALISMAN SABER, COMMANDO SLING, and others. He is the squadron's go-to expert when it comes to translating huge logistical requirements into language even pilots can understand. We're proud to have him as a member of the AMOCC.

Lt. Col. Richard Edwards, PACAF AMOCC deputy commander



15th AW/SE rocks because: It's a great duty section to work in and helps Team Hickam accomplish its mission safely.

My job affects all of Hickam in that: Managing the explosive safety program protects the people and property at Hick-

When not at work: I spend my off duty time with my wife Jina, son Terrence and daughter Jessica.

Something people don't know about the 15th AW/SE is: Our object is not to write you up, it's to help provide a safe and healthy environment for everyone.

If I could change anything about Hickam, it would be: To build a bridge

or tunnel to connect Hickam to Ewa Beach.

What his supervisor says about him: Sergeant Cassius Pierce has done a superb job as the chief of weapons safety for Hickam. As the only explosive site planner in the 15th Airlift Wing, he has worked diligently to develop numerous explosive site plans required by the 15th Airlift Wing, Hawaii Air National Guard, 735th Air Mobility Squadron, and other units utilitizing Hickam and Wake Island. During his 16 months in the wing, he has worked on projects which will greatly enhance the operational combat capability of Hickam's C-17 squadron and bomber aircraft already deployed within the Pacific theater. In November 2004, Cassius was the lead agent for Hickam's bi-annual Department of Defense Explosive Safety Board visit, in which Team Hickam did an excel-

Lt. Col. Jeffrey Spear, 15th AW/SE

Crossword puzzle solution

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CHAPEL Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

PROTESTANT

Nelles Chapel Sunday Contemporary Service 8:30 a.m. Sunday Gospel Worship 11:15 a.m. Sunday Praise Gathering 5:30 p.m. Chapel Center Sunday Traditional 8:30 a.m.

JEWISH

Aloha Jewish Chapel, Pearl Harbor 473-0050 Jewish Lay Leader Mr. David Bender 527-5877 Naval Station Chapel 473-3971

CATHOLIC Nelles Chapel

Weekday Mass 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Mass 5 p.m. Chapel Center Sunday Mass 10 a.m.

ISLAMIC Friday Congregational

Service (1935 Aleo Place, Punahou) 1 p.m. Muslim Association of Hawaii 947-6263

BUDDHIST

Honpa Hongwanji Hawaii Betsuin A Shin **Buddhist Temple** 536-7044

ORTHODOX

For more information. call 438-6687